

St Alban's UPDATE

For the Week of March 18, 2018



THIS SUNDAY – March 18

The Fifth Sunday in Lent

8:00 am & 10:00 am Holy Eucharist

MONDAYS IN LENT : March 19 A Simple Path to a Deeper Spiritual Life.

- Journey
- Easter and the Spiritual Journey
- Three Habits of the Spiritual Journey
- My Spiritual Journey

Theological Thursdays: March 22 Making Sense of the Cross-Part 3

Understanding the Cross as an experience more than a theory invites us to think about life in community and the church. We come to hear God's story again, "I know you and I love you."

- The Ancient Theory – Explained and Evaluated
- The Substitution Theory - Explained and Evaluated
- The Love Theory - Explained and Evaluated

Mark on your calendars these programs 5:30 soup supper; 6:15 – 7:30 presentation and discussion



MAUNDY
Thursday

March 29
5:30 p.m. Foot washing followed by a meal and the celebration of the Holy Eucharist.

If you are able to contribute to the dinner please sign up on the sheets in the narthex.



"Time set apart for God is always Holy Time"

Following the service on Maundy Thursday, the Church will be available for a Vigil, "...an occasion for devotional watching...".

The Church will remain open until midnight and will re-open at 6 a.m. for a continuing time of quietness, prayer, reading or reflection prior to the 10 a.m. Good Friday service.



Rupert's Land's Diocesan Council will meet Saturday, March 24 at St Alban's Cathedral from 9:15 – 12:30